

What we are going to talk about

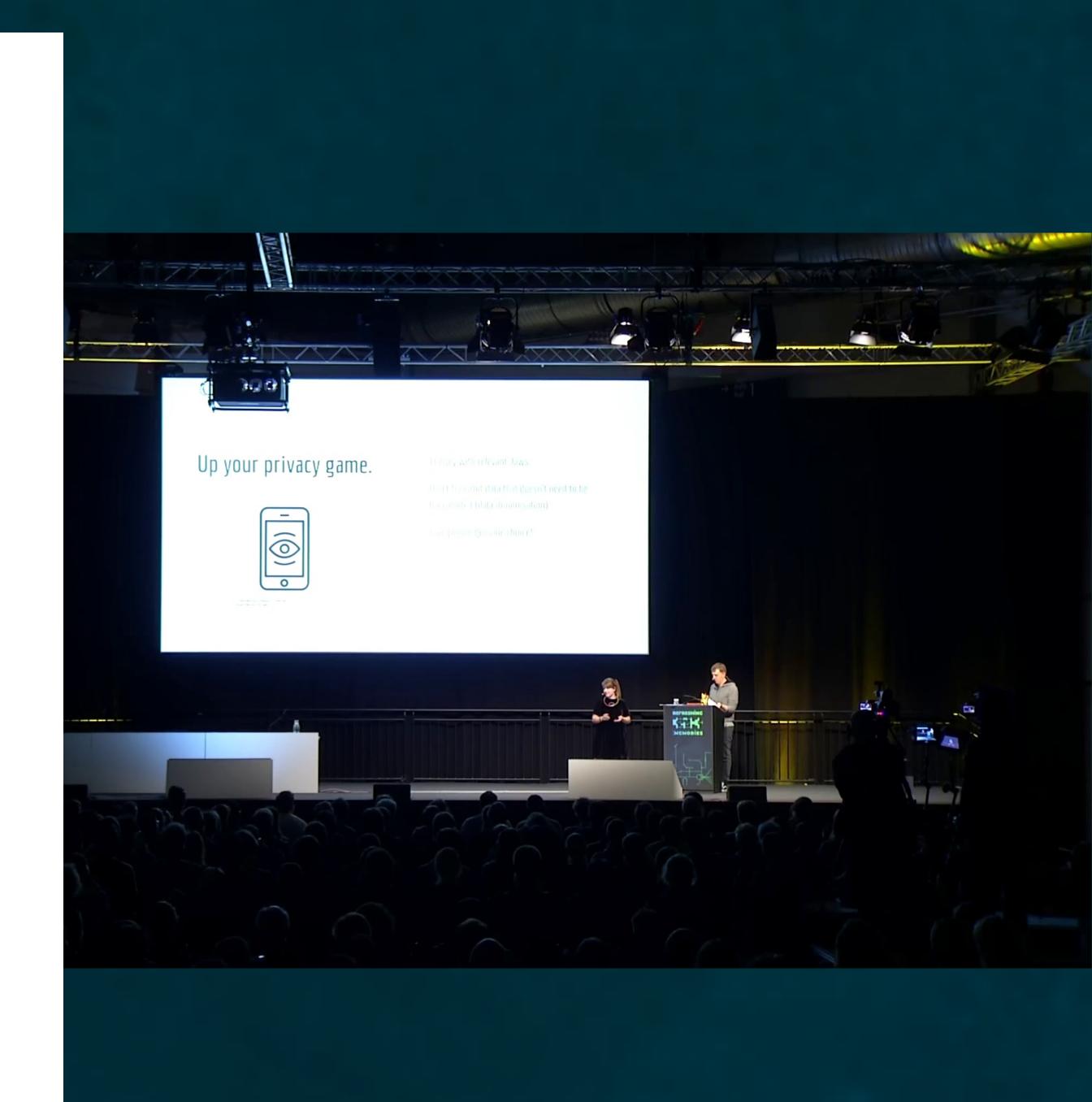
- A bit of background to this project
- What's a menstruation app?
- How did this research start?
- What kind of data menstruation apps actually collect?
- Research methodology
- Research findings



How Apps on Android Share Data with Facebook

(even if you don't have a Facebook account)

December 2018



Saturday, December 29, 2018

Bible - Audio, Daily Verse, Study & Offline, Free BMI Calculator & Weight Loss Tracker Calorie Counter - MyFitnessPal Candy Crush Saga Clean Master - Antivirus, Cleaner & Booster Dropbox Duolingo: Learn Languages Free Family Locator - GPS Tracker (Formally Life360) HP ePrint Indeed Job Search Instant Heart Rate: HR Monitor & Pulse Checker KAYAK Flights, Hotels & Cars King James Bible (KJV) Free Muslim Pro - Prayer Times, Azan, Quran & Qibla My Talking Hank Opera Browser Period Tracker, My Calendar

Period Tracker Clue: Period & Ovulation Calculator Phone Tracker By Number Qibla Connect® Find Direction- Prayer, Azan, صلاتك Quran)Salatuk (Prayer time Security Master - Antivirus, VPN, AppLock, Booster Shazam Skater Boy Skyscanner - Cheap Flights, Hotels and Car Rental Speedtest by Ookla Spotify Music Super-Bright LED Flashlight The Weather Channel: Local Forecast & Weather Maps TripAdvisor Hotels Flights Restaurants Attractions Cleaner - Boost, Clean, Space Cleaner VK (vkontakte) WeChat Yelp

Bible - Audio, Daily Verse, Study & Offline, Free BMI Calculator & Weight Loss Tracker Calorie Counter - MyFitnessPal Candy Crush Saga Clean Master - Antivirus, Cleaner & Booster Dropbox Duolingo: Learn Languages Free Family Locator - GPS Tracker (Formally Life360) HP ePrint Indeed Job Search Instant Heart Rate: HR Monitor & Pulse Checker KAYAK Flights, Hotels & Cars King James Bible (KJV) Free Muslim Pro - Prayer Times, Azan, Quran & Qibla My Talking Hank Opera Browser Period Tracker, My Calendar

Period Tracker Clue: Period & Ovulation Calculator

Phone Tracker By Number Qibla Connect® Find Direction- Prayer, Azan, Quran)Salatuk (Prayer time صبلاتك

Security Master - Antivirus, VPN, AppLock, Booster Shazam

Skater Boy

Skyscanner - Cheap Flights, Hotels and Car Rental

Speedtest by Ookla

Spotify Music

Super-Bright LED Flashlight

The Weather Channel: Local Forecast & Weather Maps

TripAdvisor Hotels Flights Restaurants Attractions

Cleaner - Boost, Clean, Space Cleaner

VK (vkontakte)

WeChat

Yelp



So... What exactly is a menstruation app?

Menstruation apps (or period trackers) are apps that women use to track their menstruation cycle.

Users enter the date of their last period and the number of days their cycle normally last and based on this the app tells them when their next period will be, what days of the month they are supposed to be the most fertile.

Some apps will also try and predict what mood or what physical symptoms you will experience. But we'll get onto this later.

Why do people use them?

• Track their periods (as a method of contraception or because they have painful periods for instance and want to plan accordingly)

To get pregnant (and find out what days they are most fertile)



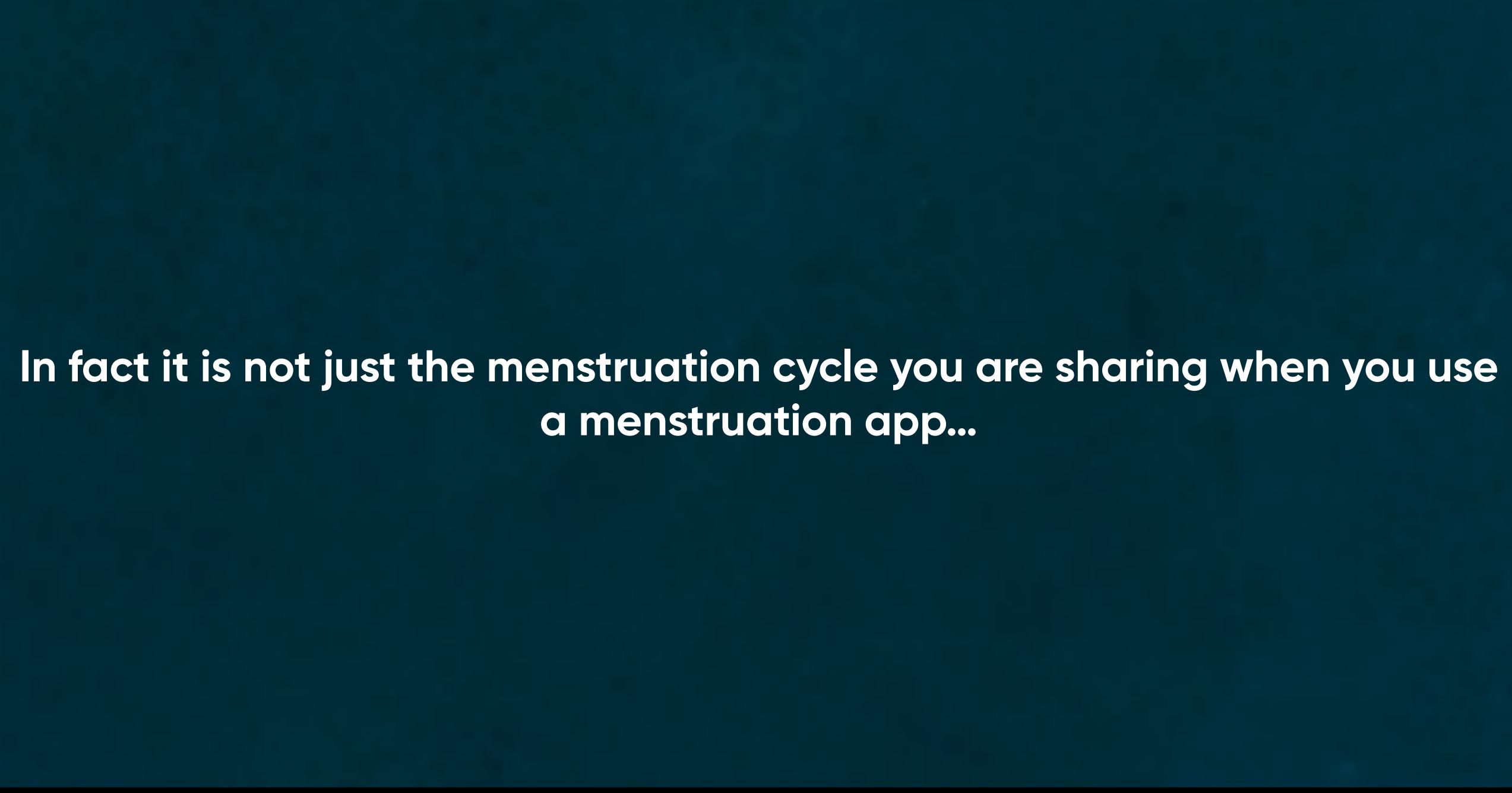


Picture Courtesy of Coding Rights, CC-BY-SA-3.0

Other organisations before us - and **Coding Rights** in particular -

have documented the extent of the data collection that is at stake with menstruation apps,

as well as the gender-normativity of those apps



These are a few of our favourite things (that menstruation apps collects about their users):

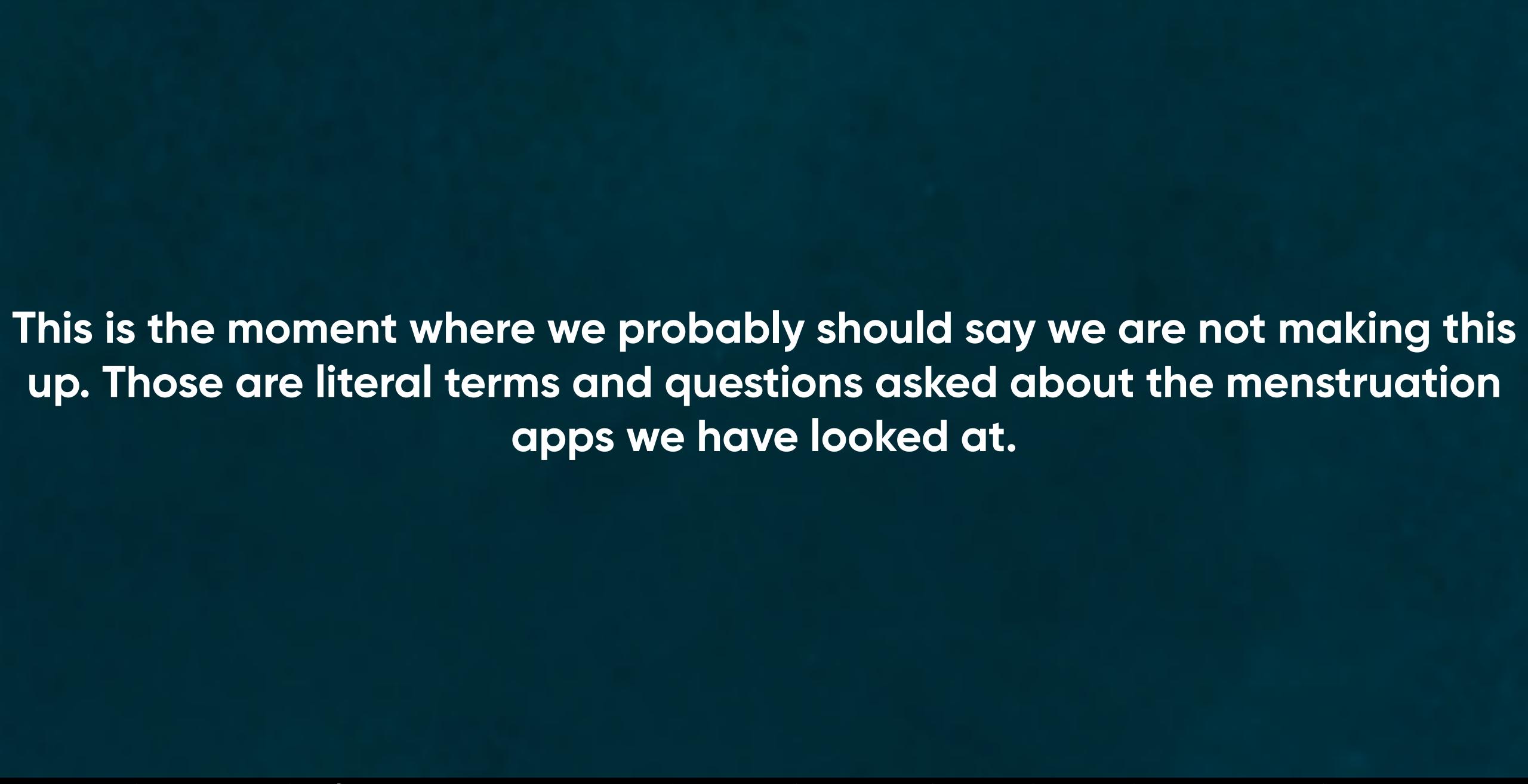
- Sex ~ With whom? How often? Protected or Unprotected?
- Smoking
- Drinking
- Partying
- Masturbation
- Sleep
- Coffee

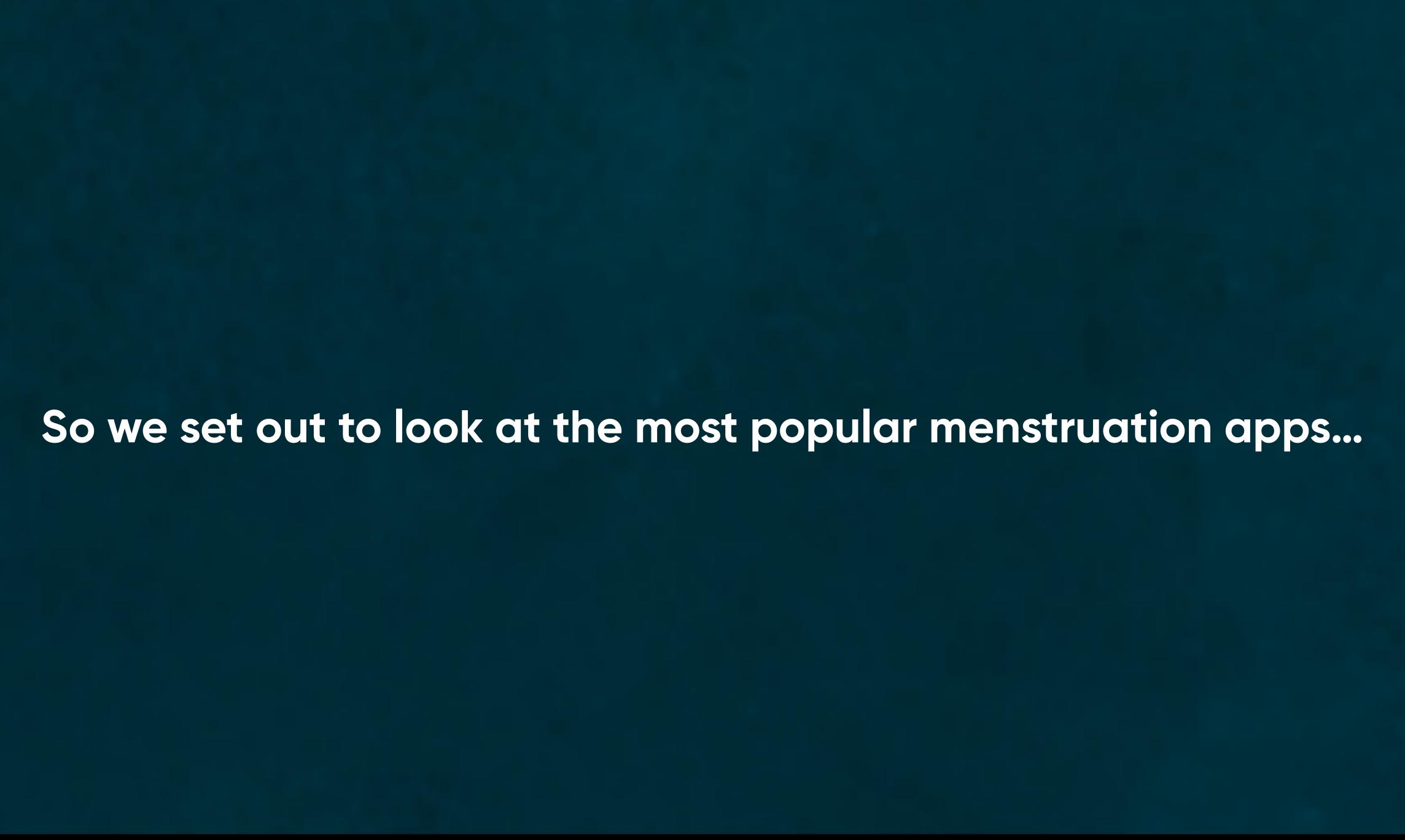
But they also want to know A LOT about your health...

- Blood pressure ?
- Swelling?
- Constipated?
- Acne?
- Vaginal discharge? Actually, what kind of vaginal discharge? Sticky? Creamy?
- Weight?
- Hair loss?

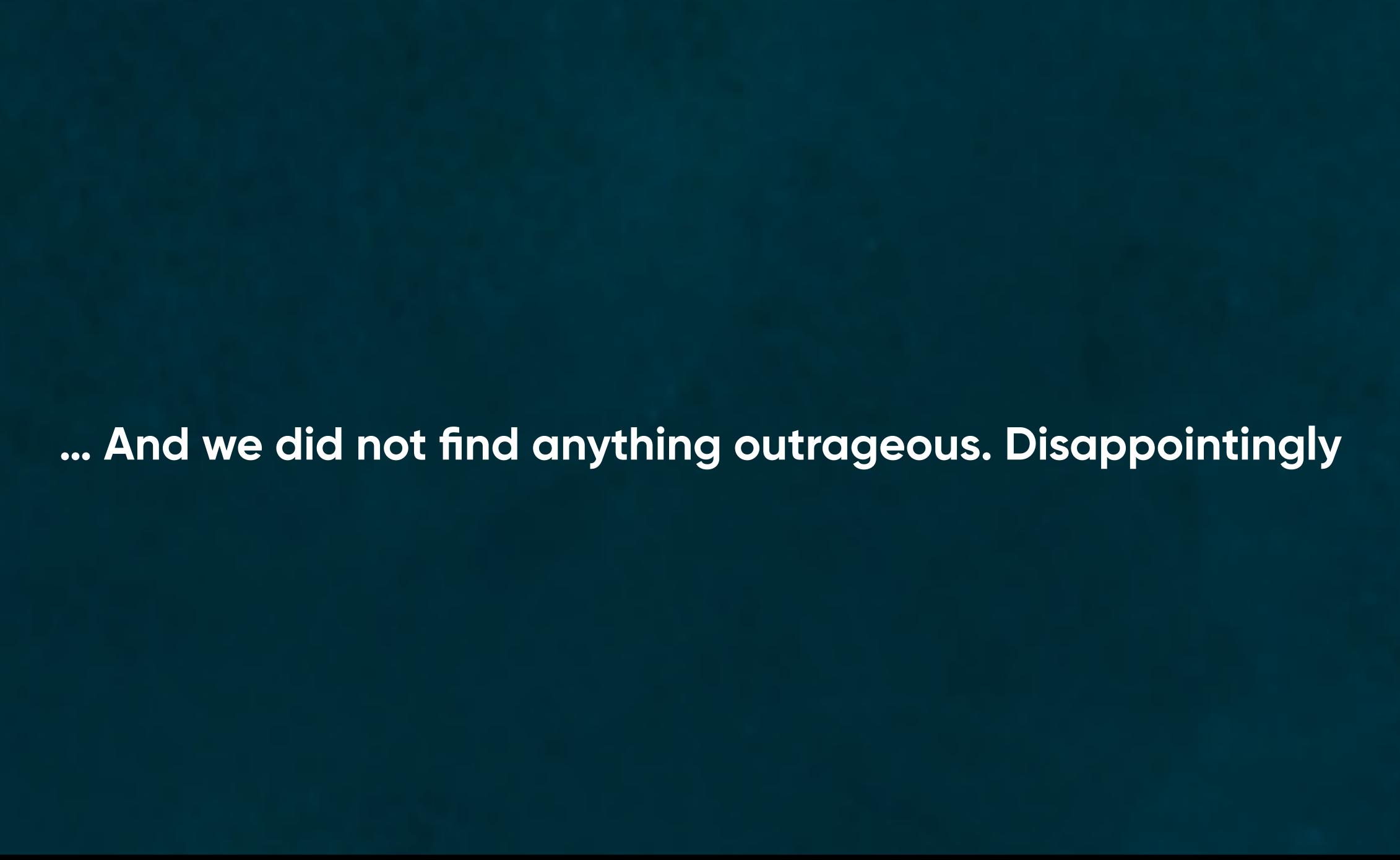
... And your mood. They really want to know about your mood!

- Angry?
- Romantic? (Is that even a mood??)
- Calm?
- Sexy?
- Anxious?
- Sad?





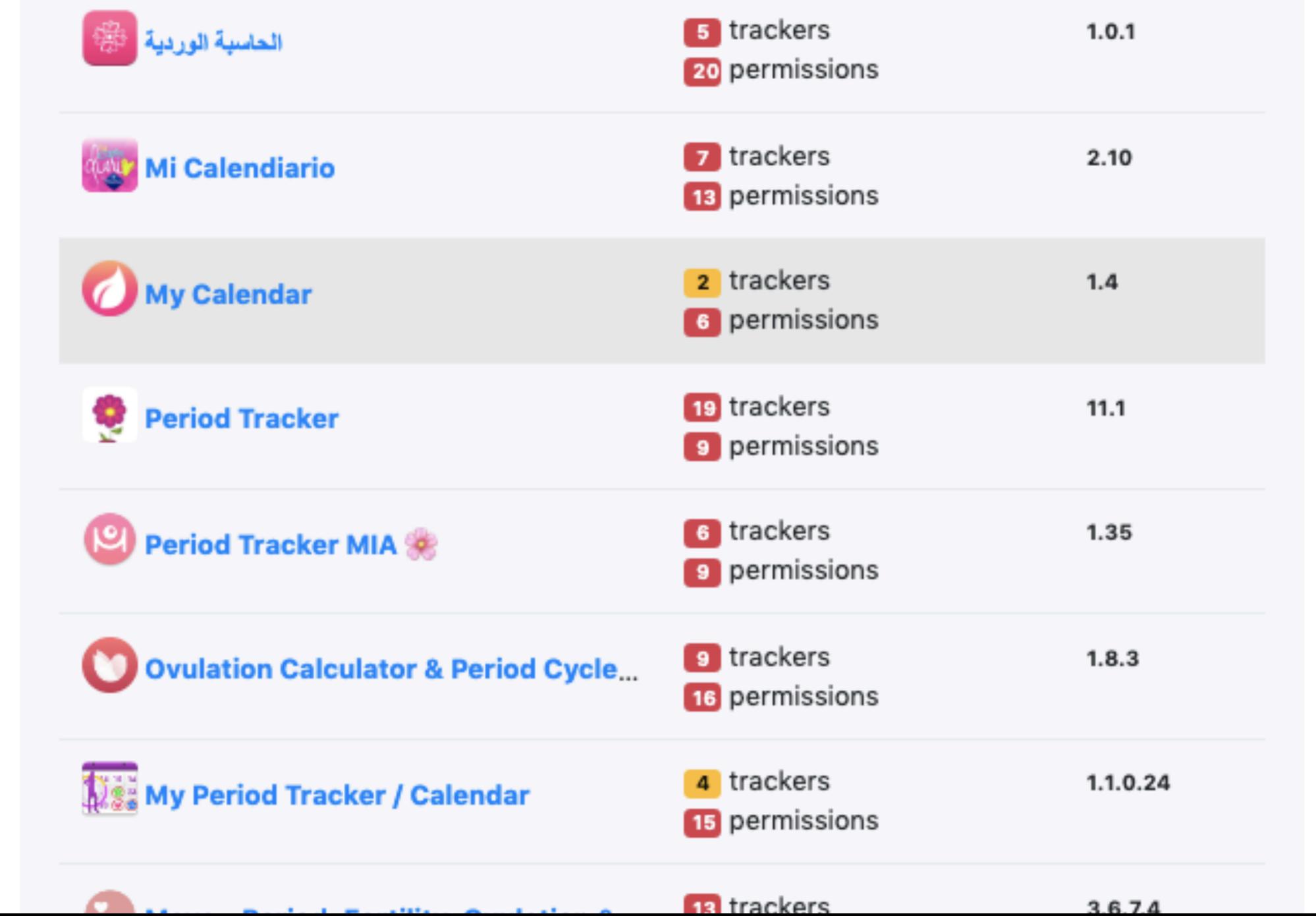
(We'll spare you the free advertisement)





And this is where things got interesting.

So... what exactly did we do?

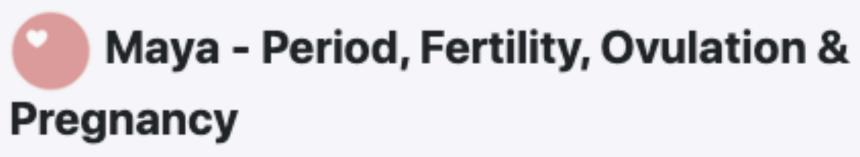


13

trackers

17

permissions



Version: 3.6.7.4

Creator: Plackal Tech

Downloads: 5,000,000+ downloads

Other versions

On Google Play

APK fingerprint ▼

This report was automatically issued on May 10, 2019, 1 p.m..

This report was automatically updated on May 10, 2019, 1 p.m..

ally updated on May 10, 2019, 1 p.r

13 Trackers

We have found **code signature** of the following trackers in the application:

- CleverTap
- Facebook Ads
- Facebook Analytics
- · Facebook Login
- Facebook Places
- Facebook Share
- Flurry
- Google Ads
- Google Analytics
- Google CrashLytics
- Google DoubleClick
- Google Firebase Analytics
- Inmobi

17 Permissions We have found the following permissions in the application: (7 Dangerous) ACCESS_COARSE_LOCATION (android.permission) 0 Access Approximate Location (Network-Based) ACCESS_FINE_LOCATION (android.permission) 0 Dangerous Access Precise Location (GPS And Network-Based) ACCESS_NETWORK_STATE (android.permission) Normal View Network Connections CAMERA (android.permission) ◉ Dangerous Take Pictures And Videos INTERNET (android.permission) Normal Have Full Network Access READ_CALENDAR (android.permission) Dangerous Read Calendar Events And Details

Signed by:

Serial: 1323391814

Paul

Paul

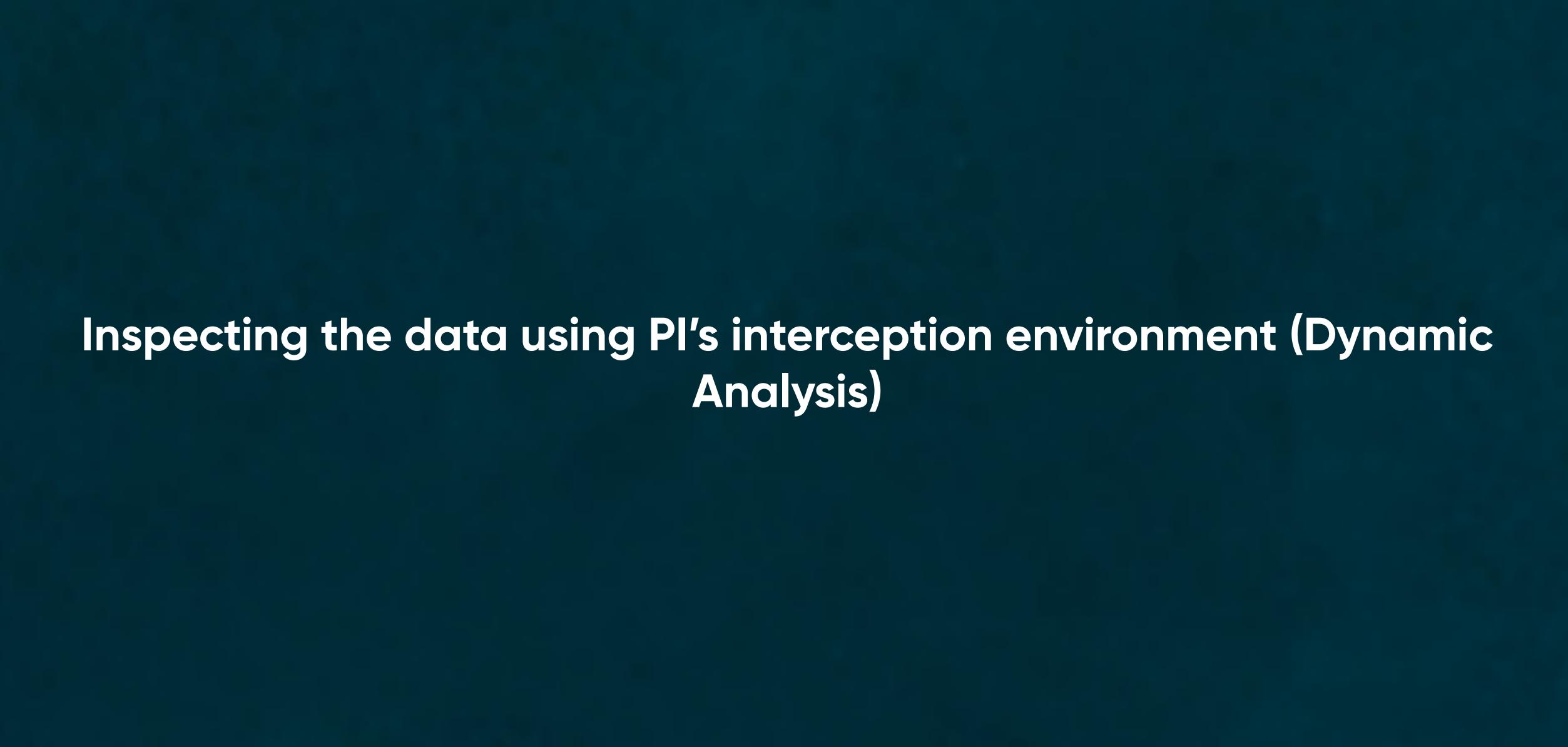
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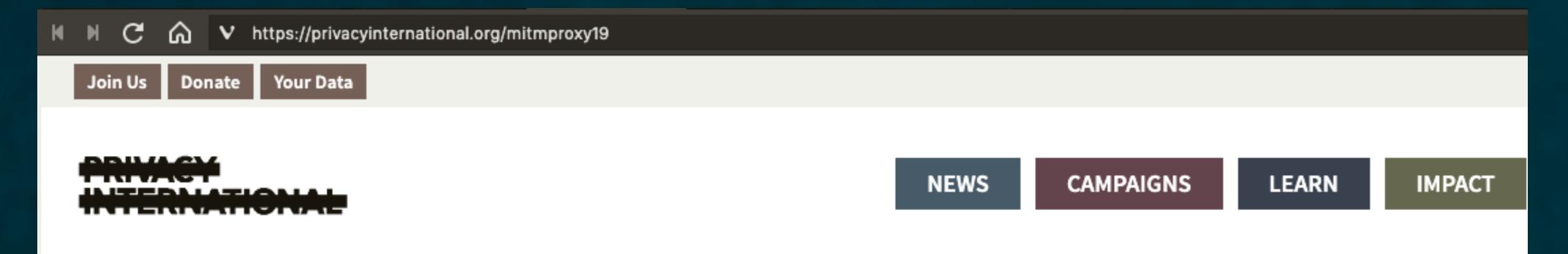
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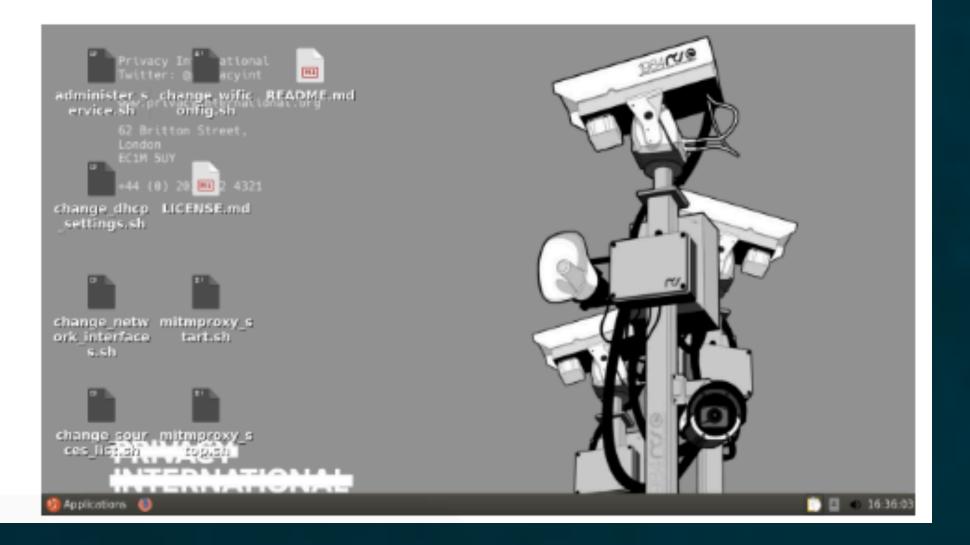


Home

Privacy International's data interception environment

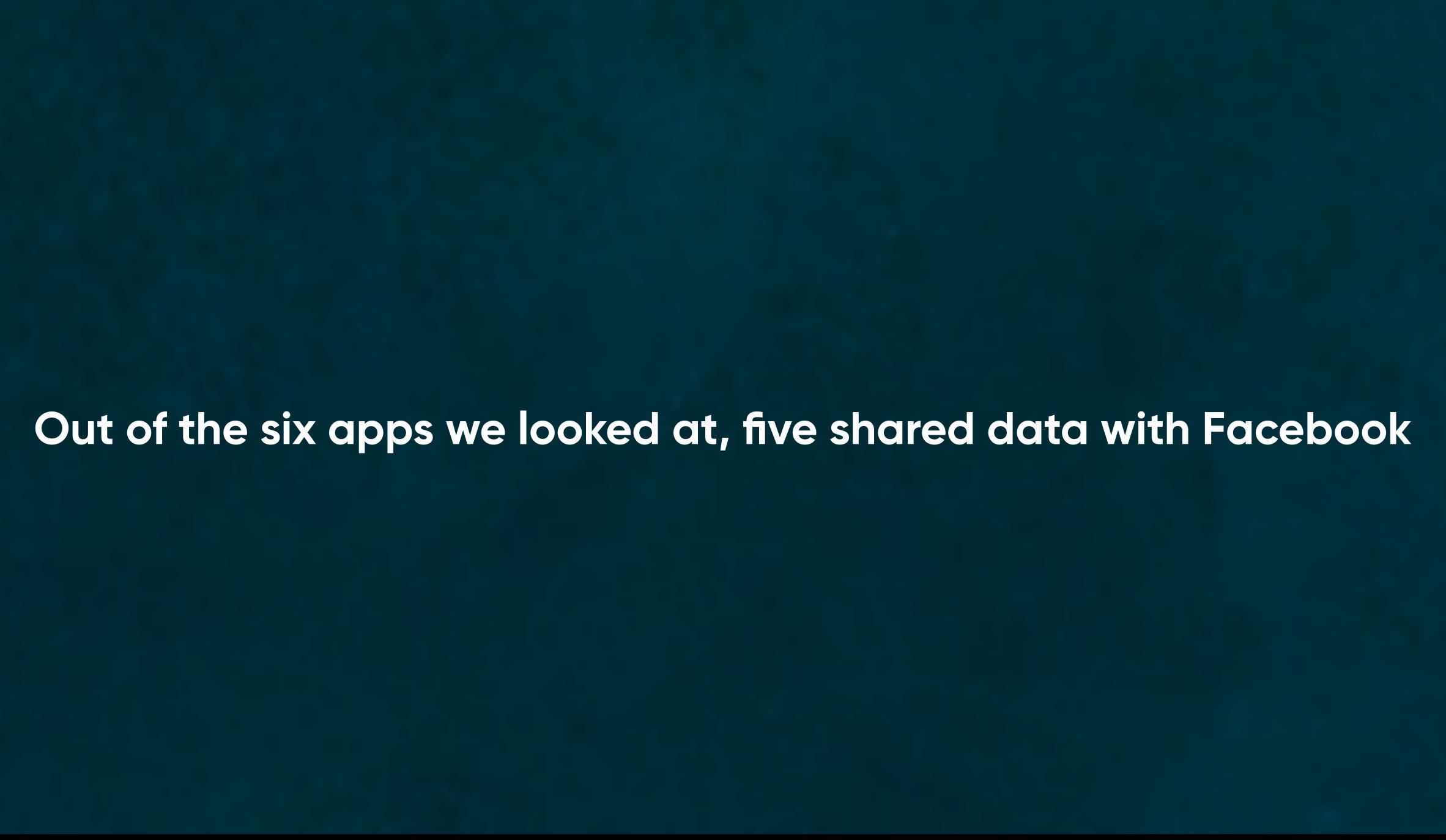
Publish Date: February 2019

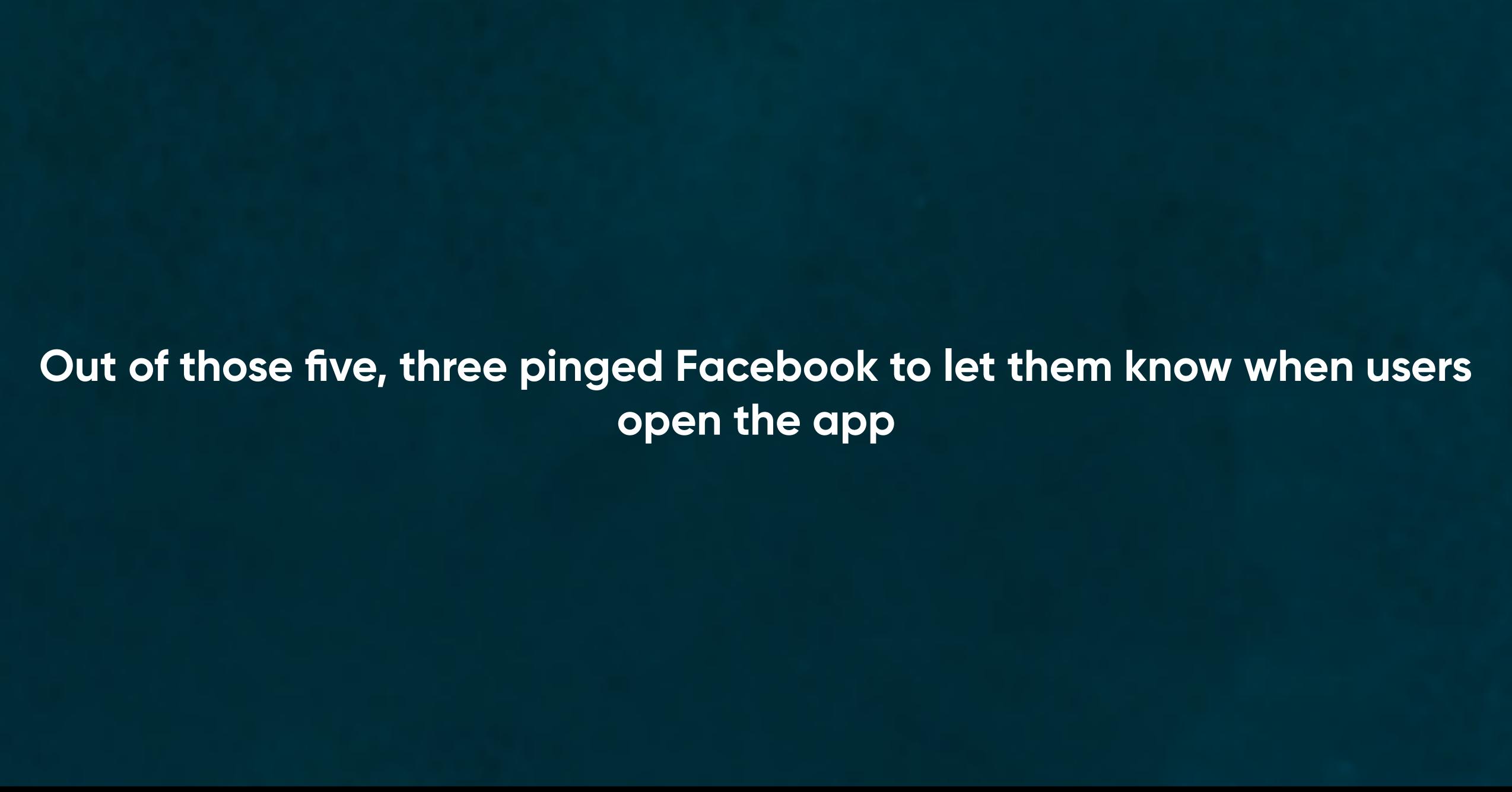
Virtual Machine Download: Privacy International's data interception environment (VirtualBox OVA)



Available from https://privacyinternational.org/mitmproxy19

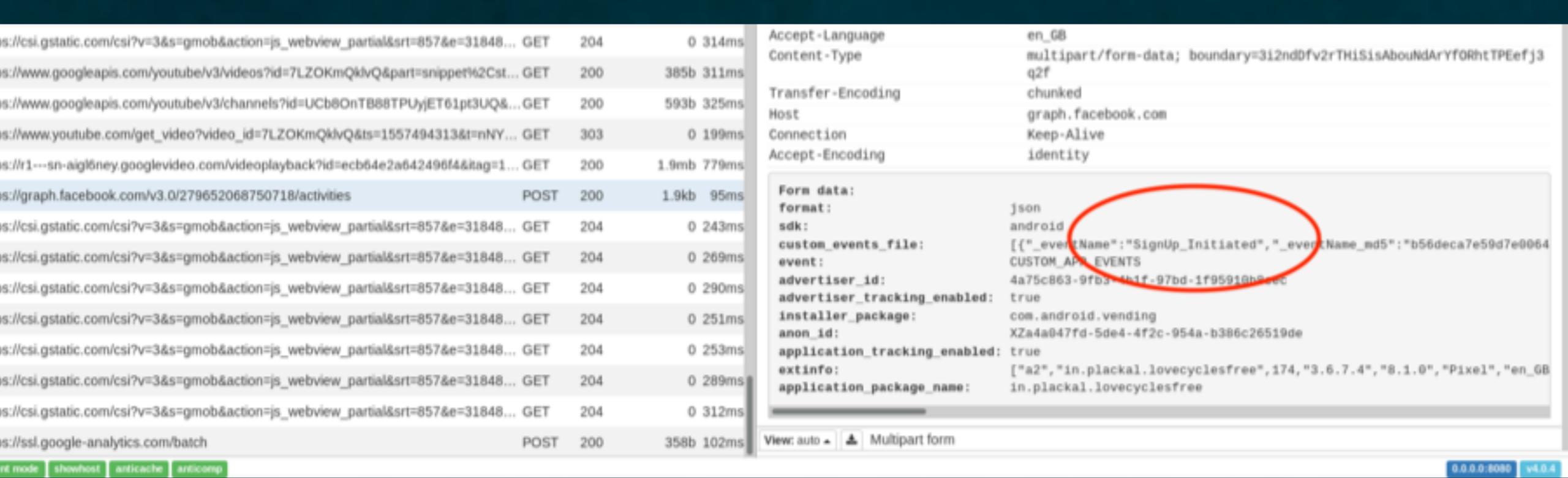
And here is what we found...



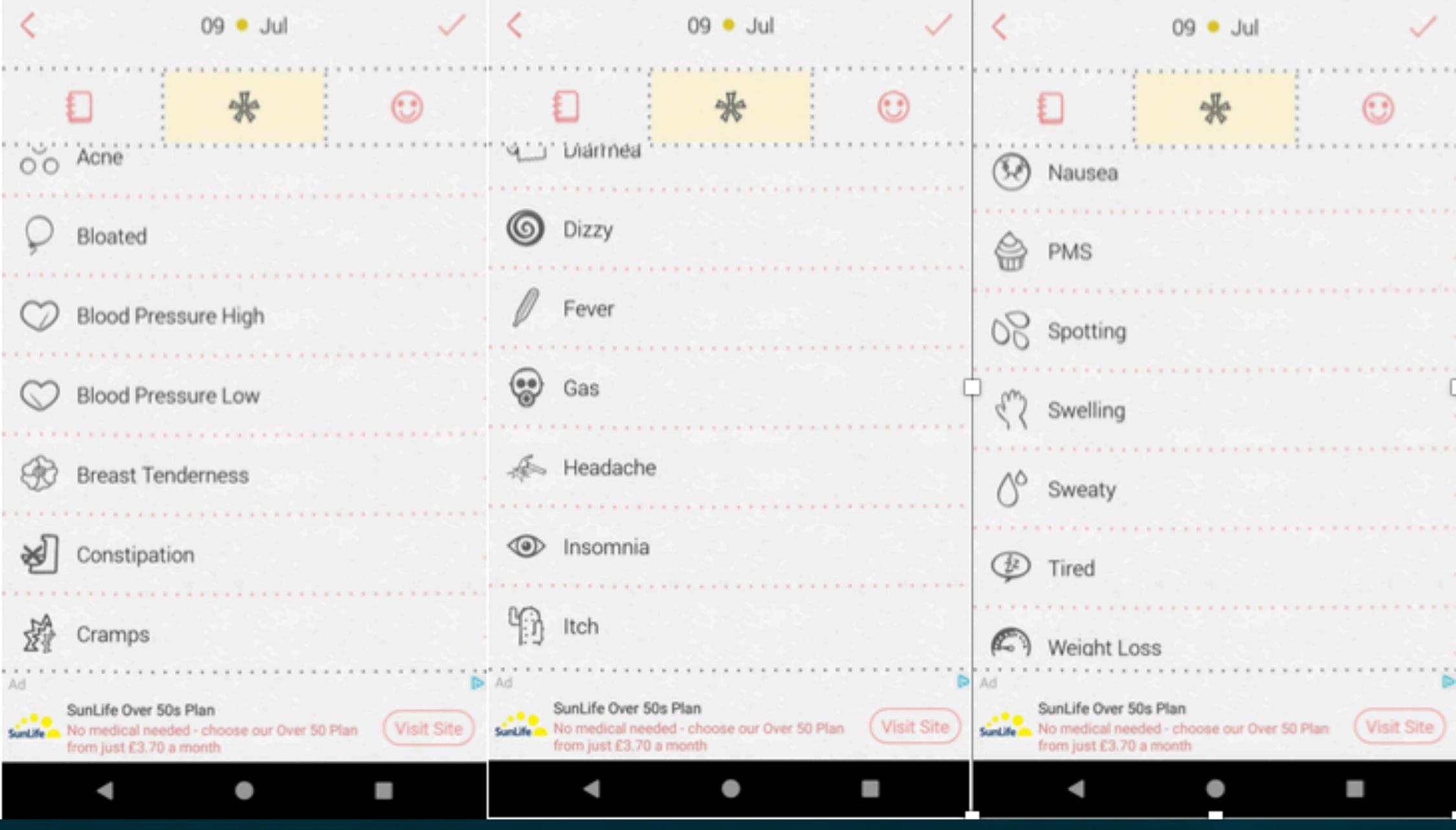




Let's look at Maya



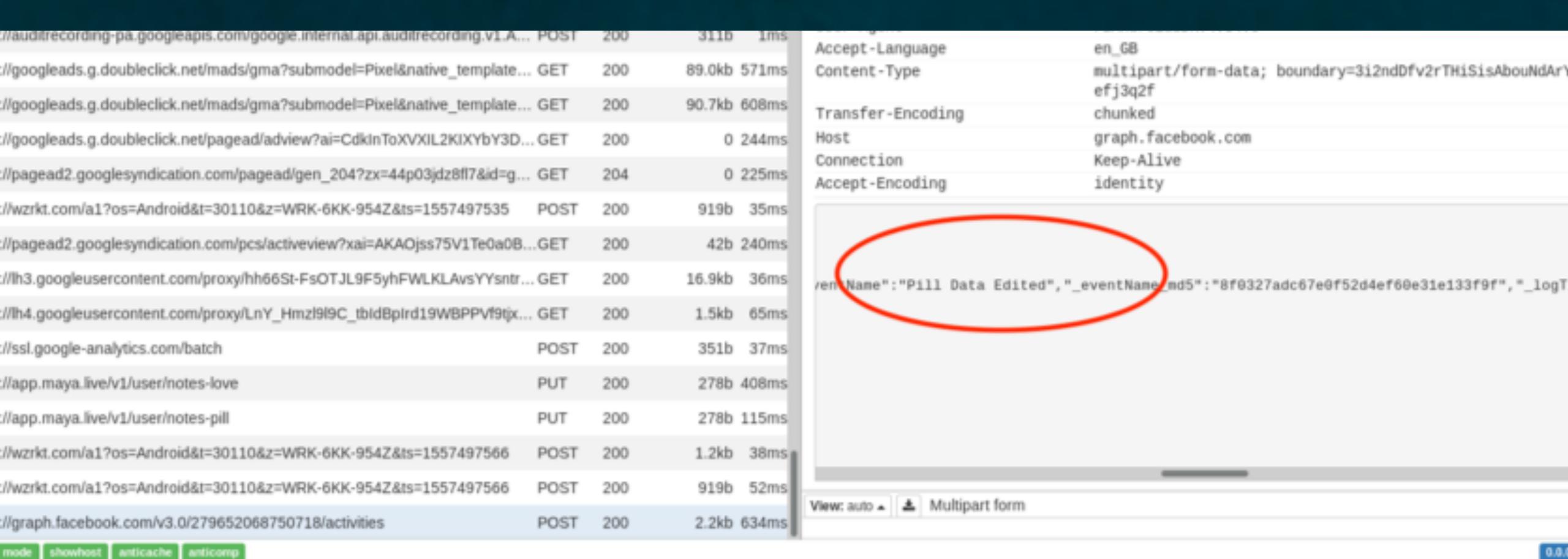
Maya started sharing data with Facebook *before* you get to agree to their privacy policy



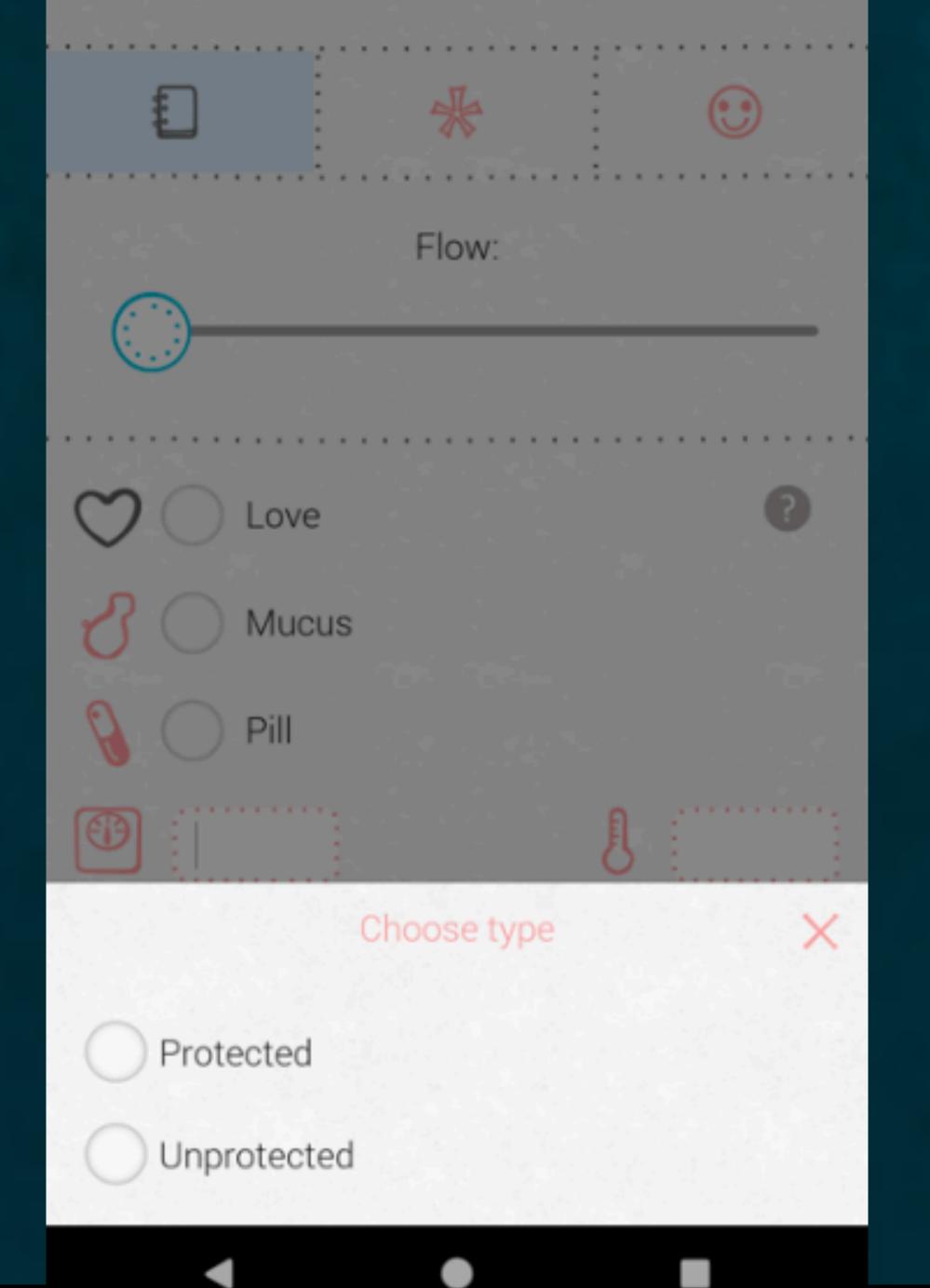
This is what things look like when Maya asks you to enter health data

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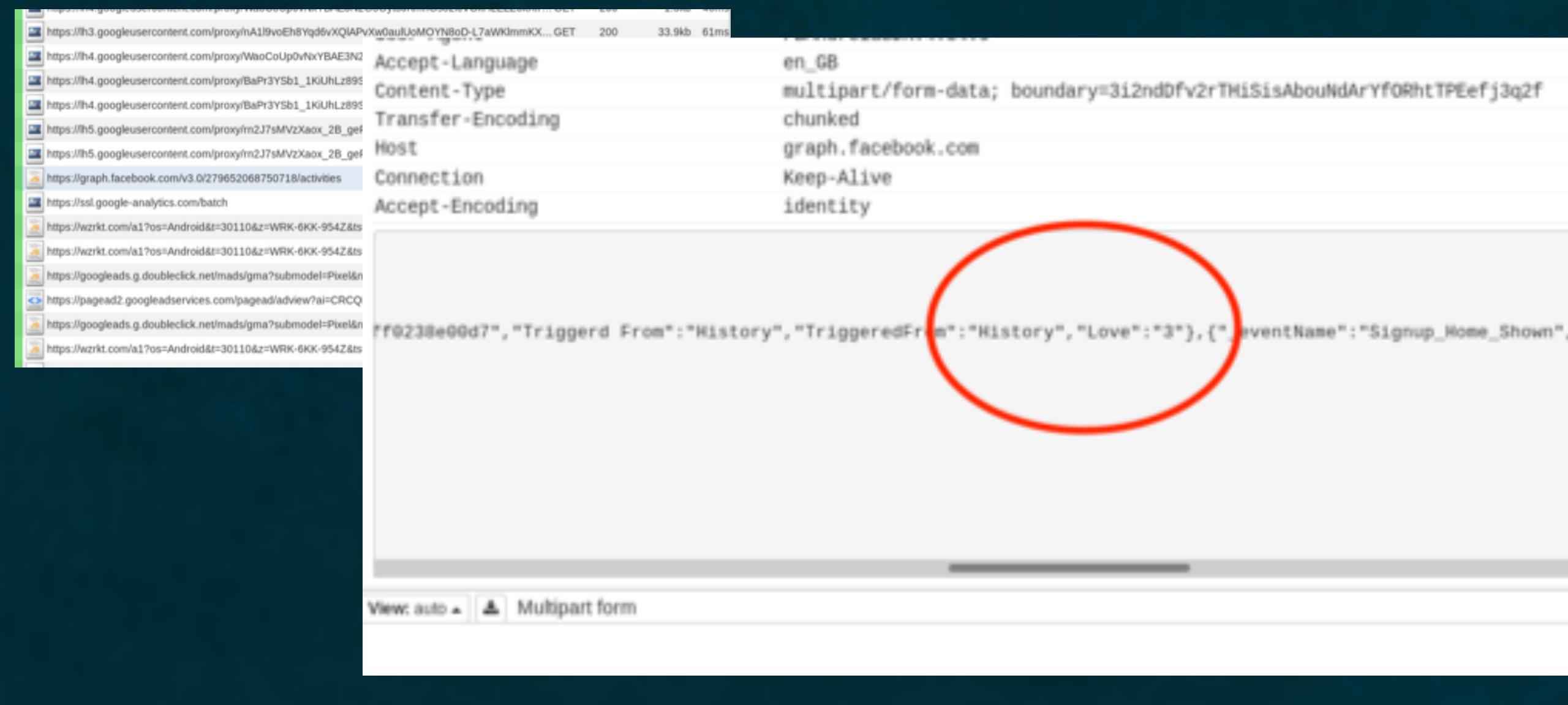
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This is what things looked like when Maya shared your contraceptive practice



This is what things look like when Maya asks about your sex life.

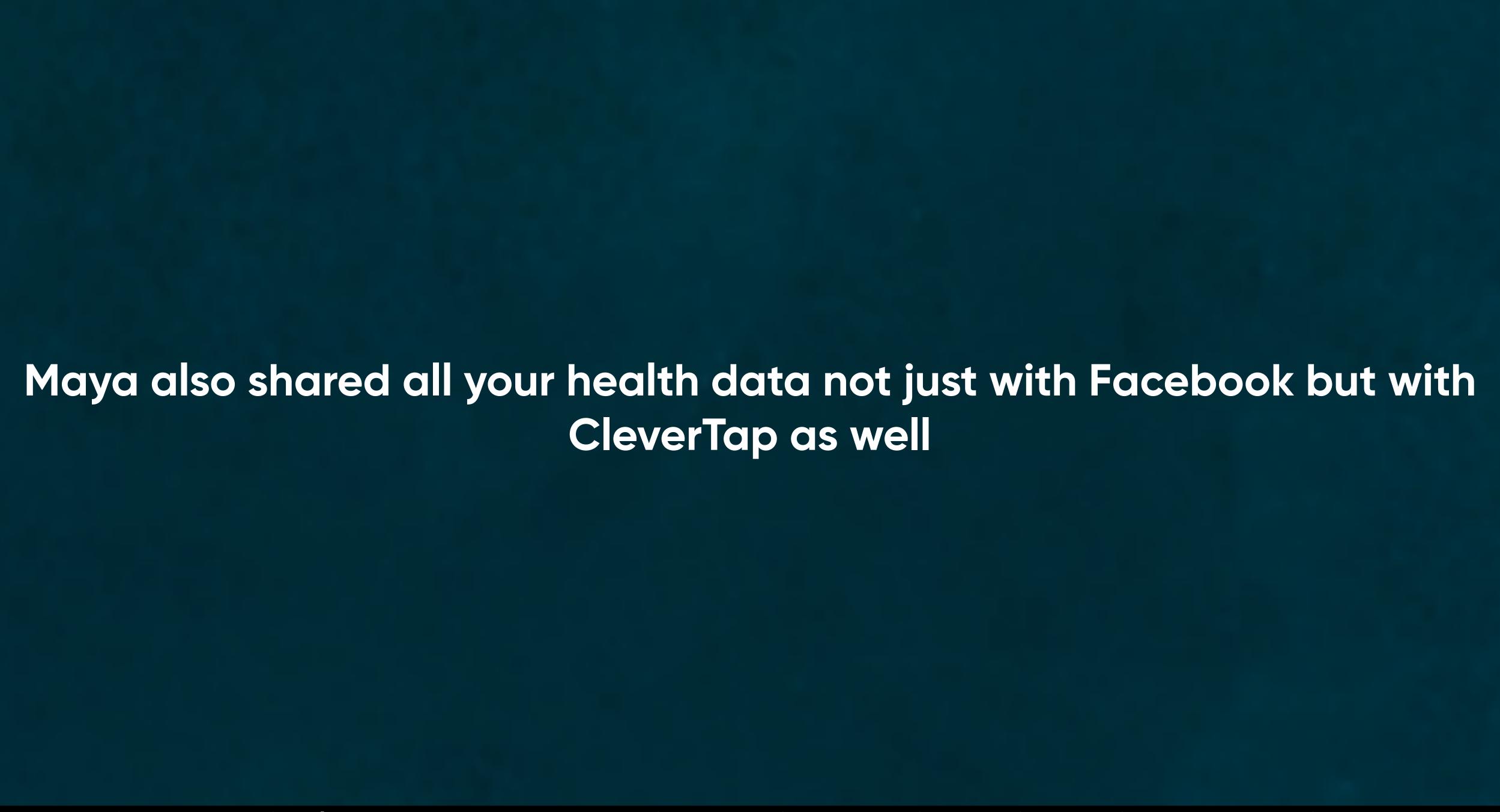


The data shared with Facebook when you have sex was a little bit more "cryptic." It was shared as Love 2 when you have protected sex and Love 3 when you have unprotected sex.

Privacy International – #36C3 2019 – No Body's Business but Mine: Uncovering the Dirty Practices of Menstruation Apps

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| ps://wzrkt.com/a1?os=Android&t=30110&z=WRK-6KK-954Z&ts=1557497566 | POST | 200 | 919b | 52ms | Transfer-Encoding | chunked | |
| ps://graph.facebook.com/v3.0/279652068750718/activities | POST | 200 | 2.2kb | 634ms | Host | graph.facebook.com | |
| ps://googleads.g.doubleclick.net/pagead/adview?ai=CVi4vTIbVXNyRNIq1bO6 | GET | 200 | 0 | 259ms | Connection Accept-Encoding | Keep-Alive identity | |
| ps://pagead2.googlesyndication.com/pagead/gen_204?zx=dpd0dut594qy&id= | GET | 204 | 0 | 242ms | | | |
| ps://googleads.g.doubleclick.net/mads/gma?submodel=Pixel&native_template | GET | 200 | 88.8kb | 1s | om":"Home","TriggeredFrom":"Home","Notes":" <mark>Something very sensitive entered here</mark> "},{"_ | | |
| ps://googleads.g.doubleclick.net/mads/gma?submodel=Pixel&native_template | GET | 200 | 89.0kb | 673ms | | | |
| ps://wzrkt.com/a1?os=Android&t=30110&z=WRK-6KK-954Z&ts=1557497678 | POST | 200 | 919b | 63ms | | | |
| ps://pagead2.googlesyndication.com/pcs/activeview?xai=AKAOjsv49UIVZv6p8 | .GET | 200 | 42b | 259ms | | | |
| ps://ssl.google-analytics.com/batch | POST | 200 | 353b | 36ms | | | |
| ps://app.maya.live/v1/user/notes-note | PUT | 200 | 345b | 397ms | | | |
| ps://wzrkt.com/a1?os=Android&t=30110&z=WRK-6KK-954Z&ts=1557497704 | POST | 200 | 1.1kb | 35ms | | | |
| ps://wzrkt.com/a1?os=Android&t=30110&z=WRK-6KK-954Z&ts=1557497704 | POST | 200 | 919b | 40ms | Minus nuto . 4 Multinart form | | |
| ps://graph.facebook.com/v3.0/279652068750718/activities | POST | 200 | 2.0kb | 413ms | View: auto ▲ | | |

Maya also had a diary section where people where encouraged to write their personal thoughts. The text that gets entered is shared entirely with Facebook.



| 3 | https://googleads.g.doubleclick.net/mads/gma?submodel=Pixel&native_tem | GET | 200 | 88.4kb | 1s |
|---|--|------|-----|--------|-------|
| 3 | https://pagead2.googleadservices.com/pagead/adview?ai=COEctqBsnXbT6 | .GET | 200 | 0 | 139ms |
| 8 | https://googleads.g.doubleclick.net/pagead/conversion/?ai=COEctqBsnXbT | GET | 200 | 42b | 182ms |
| B | https://tpc.googlesyndication.com/pagead/images/adchoices/iconx2.png | GET | 200 | 886b | 91ms |
| B | https://lh3.googleusercontent.com/kT8hu7v5XVSLN7kj3fJ9H3YAz1ajcHUzP | GET | 200 | 7.8kb | 78ms |
| 8 | https://lh3.googleusercontent.com/0Vz1ys58CccF5MlwLw7xBpLWNC4VhI7 | GET | 200 | 882b | 154ms |
| | https://googleads.g.doubleclick.net/mads/gma?submodel=Pixel&native_tem | GET | 200 | 92.2kb | 589ms |
| 8 | https://lh3.googleusercontent.com/0YHmqkFbZoPy-ZaXPujUMcDxxBl7aDsf | GET | 200 | 954b | 42ms |
| E | https://lh3.googleusercontent.com/N3GMifTG_hNQ0tOddwg7_vo5CrJnZeA | GET | 200 | 6.7kb | 86ms |
| B | https://lh5.googleusercontent.com/proxy/NDNaDx_02p-enhrft32W_WtrvCgJ | GET | 200 | 16.6kb | 33ms |
| | https://wzrkt.com/a1?os=Android&t=30110&z=WRK-6KK-954Z&ts=1562844 | POST | 200 | 986b | 49ms |
| 8 | https://ssl.google-analytics.com/batch | POST | 200 | 359b | 36ms |
| | https://graph.facebook.com/v3.0/279652068750718/activities | POST | 200 | 1.7kb | 123ms |
| | https://app-measurement.com/config/app/1%3A71534028169%3Aandroid% | .GET | 200 | 175b | 42ms |
| E | https://app-measurement.com/a | POST | 204 | 782b | 27ms |
| | https://app.maye.live/v1/user/notes-symptom | PUT | 200 | 290b | 117ms |
| 1 | https://wzrkt.com/a1?os=4ndroid&t=30110&z=WRK-6KK-954Z&ts=1562844 | POST | 200 | 1.1kb | 34ms |
| ı | https://wzrkt.com/a1?osaAndroid&t=30110&z=WRK-6KK-954Z&ts=1562844 | POST | 200 | 986b | 34ms |
| | https://graph.facebook.com/v3.0/279652068750718/activities | POST | 200 | 1.9kb | 121ms |
| - | | | | | |

```
"useIP": false
"arp": {
    "av": "3.6.7.4",
    "d_ts": 1562844067,
    "dh": 1523021718,
    "hgt": 4,
    "1_n": 6568434,
    "1d": "WRK-6KK OF N
    "1_n" 0568434,
    "1 8": "{ }",
    "k": "[ \"pouetpouet@mailinator.com\"]",
    "sv"; 36140
    "v": 1,
    "wdt": 2
"f_ts": 1562588008,
"g": "__8b9af377488b49deaddcd9338e6bd21f",
"1d": "WRK-6KK-954Z",
"imp": 0,
"l_ts": 1562844075,
"tk": "336-320",
"tlc": [],
"type": "meta"
 sync": false,
ep*: 1562844184,
"evtData": {
    "Diarrhea": 1,
    "Nausea": 1,
    "Triggerd From": "Home"
```

And yes, all the information that was shared was tied to your email address and unique identifiers.

Now let's at look at MIA

The very first thing MIA asks their users is the reason why they are using the app:

- To get pregnant
- Or to track their periods

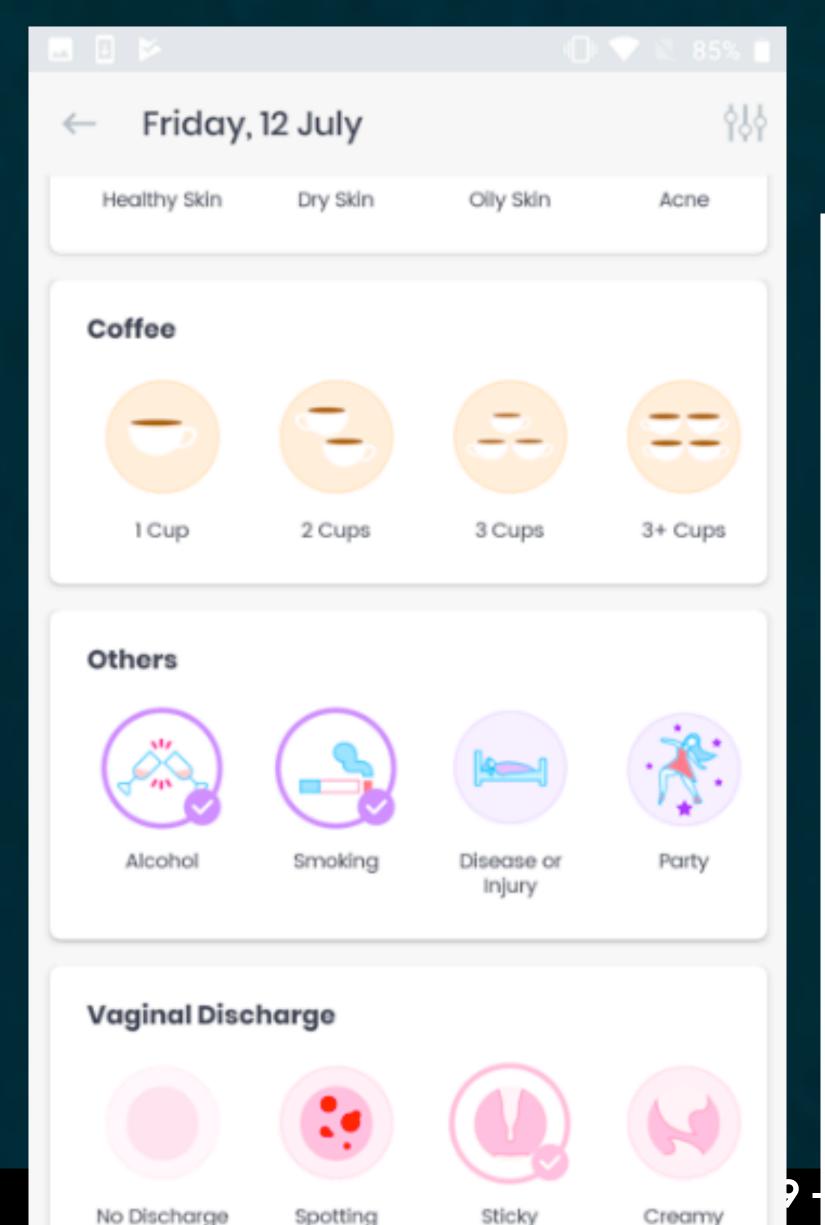
It doesn't actually change how you can use the app but it means they get to gather

the most important piece of data they can get about you.

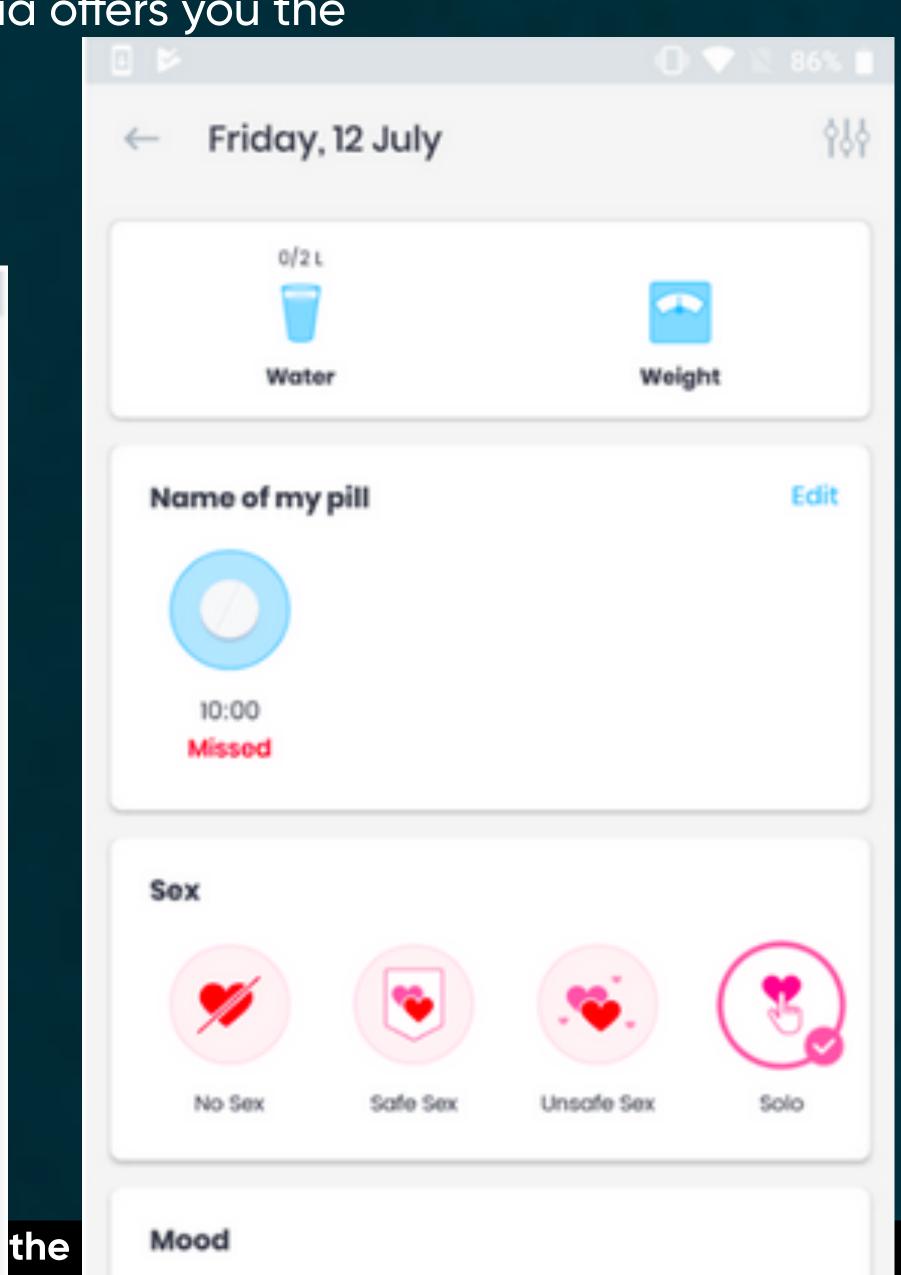
They shared it immediately with Facebook and AppsFlyer.

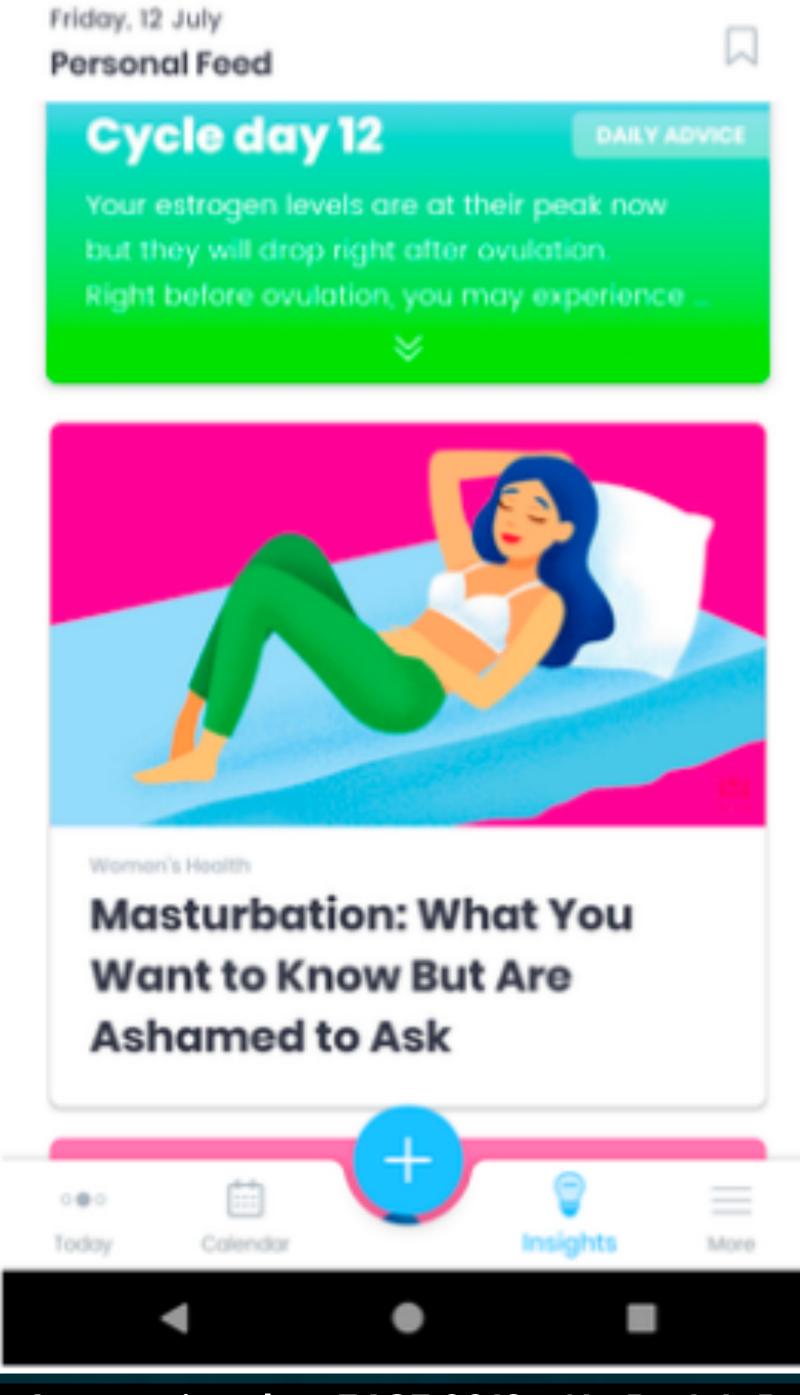
MIA collects all sorts of information about sex, your health and lifestyle. It

doesn't immediately get shared with Facebook but Mia offers you the



option to read articles tailored based on what you selected. Friday, 12 July Stomach Constipation Bloating Cravings Diamhea Feminine Tools Menstrual Cup Hair

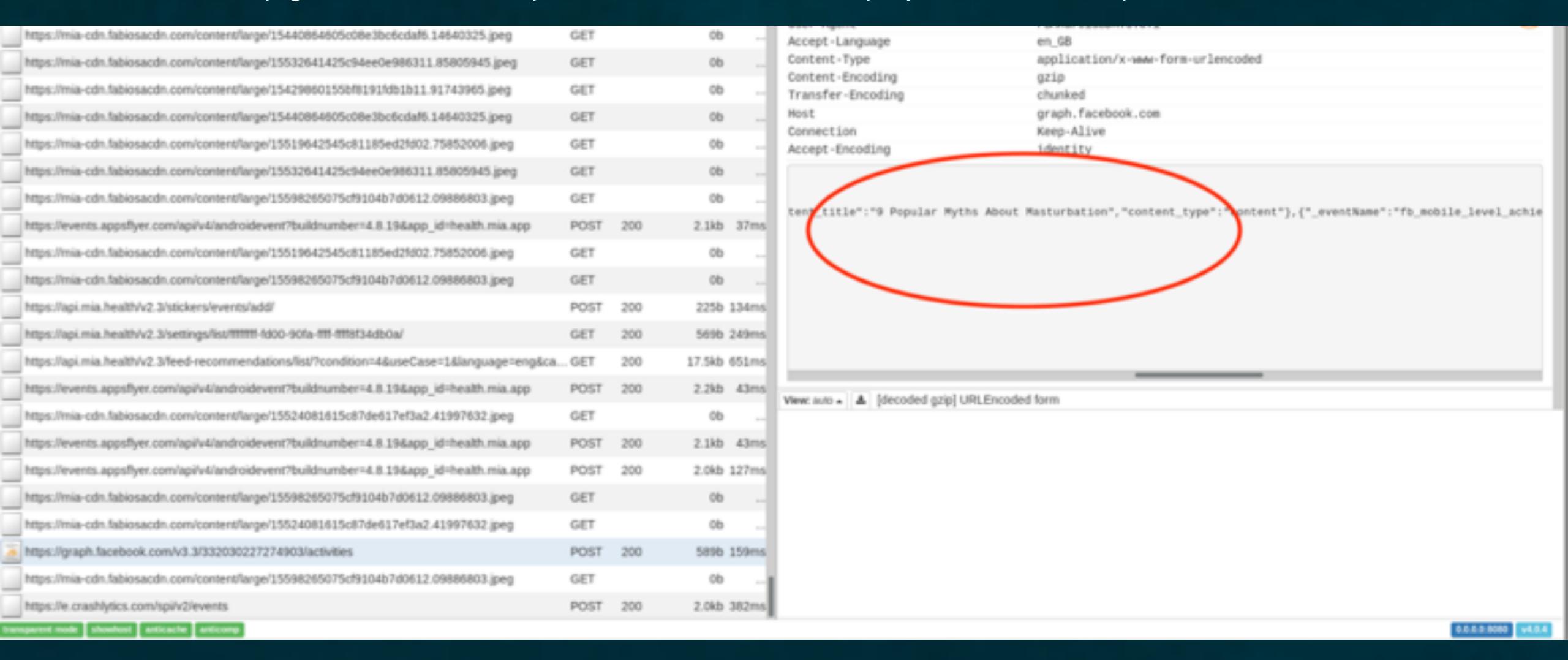




This is what you see if you select "masturbation" for example

Now the articles you got shared with Facebook and AppsFlyer, which meant that

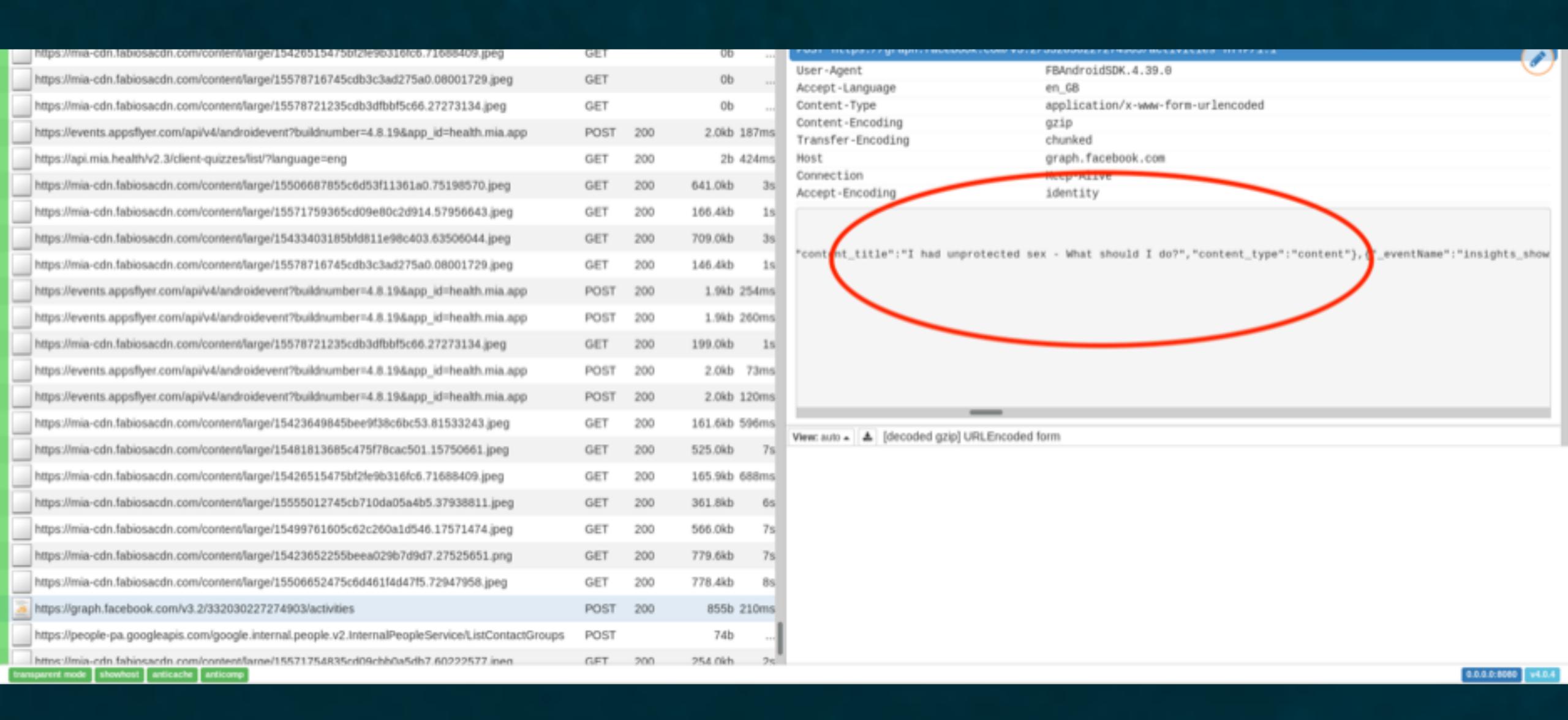
they got to know what you selected in the sex, symptoms and lifestyle sections.



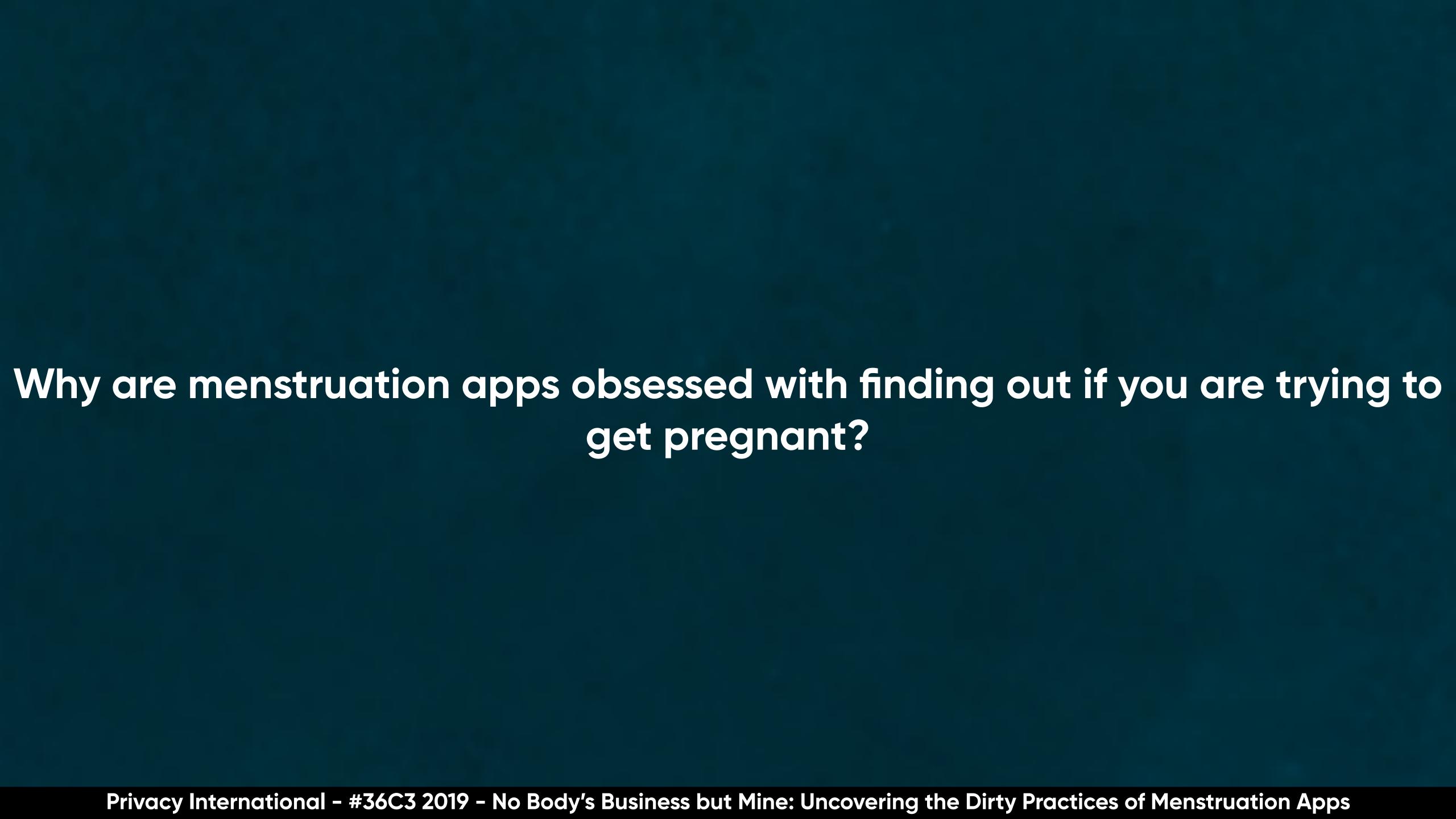
(This is what *they* saw when we selected masturbation)

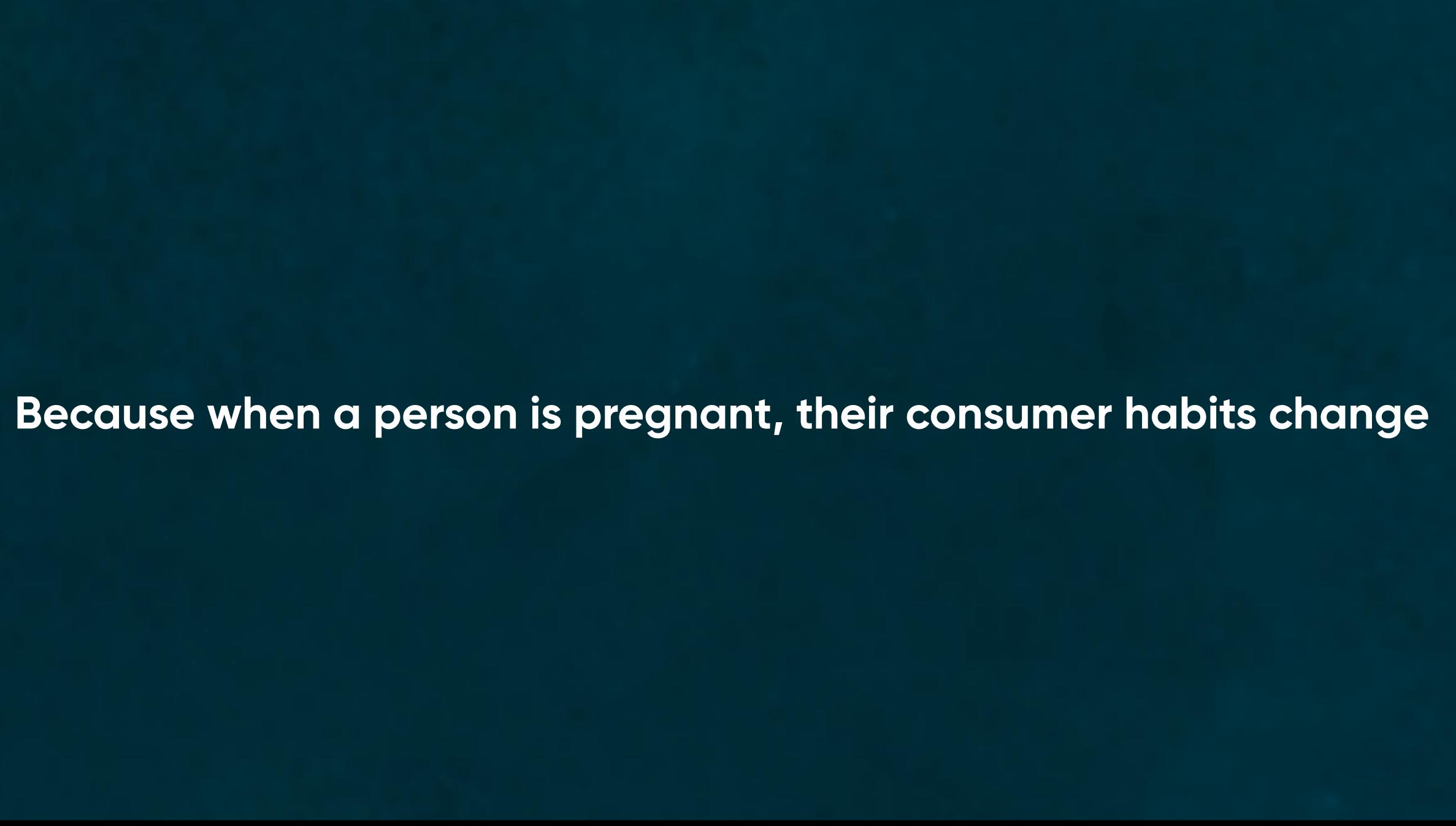
| Vapi.mia.health/v2.3/settings/list/Tffffff-fd00-90fa-ffff-fff8f34db0a/ | GET | 200 | 569b 3 | 356ms | Accept - Language | en_G8 |
|--|------|-----|----------|-------|--|---|
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 1.8kb | 40ms | | application/x-www-form-urlencoded |
| Vapi.mia.health/v2.3/settings/list/fffffff-fd00-90fa-ffff-ffff8f34db0a/ | GET | 200 | 569b 2 | 235ms | | gz1p chunked |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 1.7kb | 66ms | | graph.facebook.com |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 1.8kb | 36ms | | Keep-Alive identity |
| Vmia-cdn.fabiosacdn.com/content/large/15524081615c87de617ef3a2.41997632.jpeg | GET | | 0b | | | |
| Vapi.mia.health/v2.3/settings/list/fffffff-fd00-90fa-ffff-ffff8f34db0a/ | GET | 200 | 569b 3 | 389ms | | |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 1.8kb | 44ms | tie-:-s Unexpected Effects of Alcohol | I on a Woman's Body", "content_type": "co tent"}, {"_eventName": "fb_mobile_lev |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 2.0kb | 41ms | | |
| Vgraph.facebook.com/v3.3/332030227274903/activities | POST | 200 | 578b 3 | 199ms | | |
| Vapi.mia.health/v2.3/stickers/events/add/ | POST | 200 | 454b 2 | 271ms | | |
| Vapi.mia.health/v2.3/settings/list/fffffff-fd00-90fa-ffff-ffff8f34db0a/ | GET | 200 | 569b 2 | 278ms | | |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 2.2kb | 54ms | | |
| Vapi.mia.health/v2.3/feed-recommendations/list/?condition=4&useCase=1&language=eng&ca. | GET | 200 | 17.4kb 8 | 833ms | View: auto ▲ | form |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 2.1kb 1 | 141ms | THE STATE OF THE PARTY OF THE P | |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 2.0kb | 61ms | | |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 2.0kb | 36ms | | |
| Vmia-odn.fabiosacdn.com/content/large/15595132885cf448c89deaf0.61691298.jpeg | GET | | Ob | | | |
| Vevents.appsflyer.com/api/v4/androidevent?buildnumber=4.8.19&app_id=health.mia.app | POST | 200 | 2.1kb | 37ms | | |
| Vgraph.facebook.com/v3.3/332030227274903/activities | POST | 200 | 703b 2 | 206ms | | |
| /mia-odn.fabiosacdn.com/content/large/15595132885cf448c89deaf0.61691298.jpeg | GET | | Ob | | | |
| Ve.crashlytics.com/spi/v2/events | POST | 200 | 1.7kb 3 | 380ms | | |
| mode showhost anticache anticomp | | | | | | 0.0.0.0 8080 VEEA |

Alcohol!



Unprotected sex!



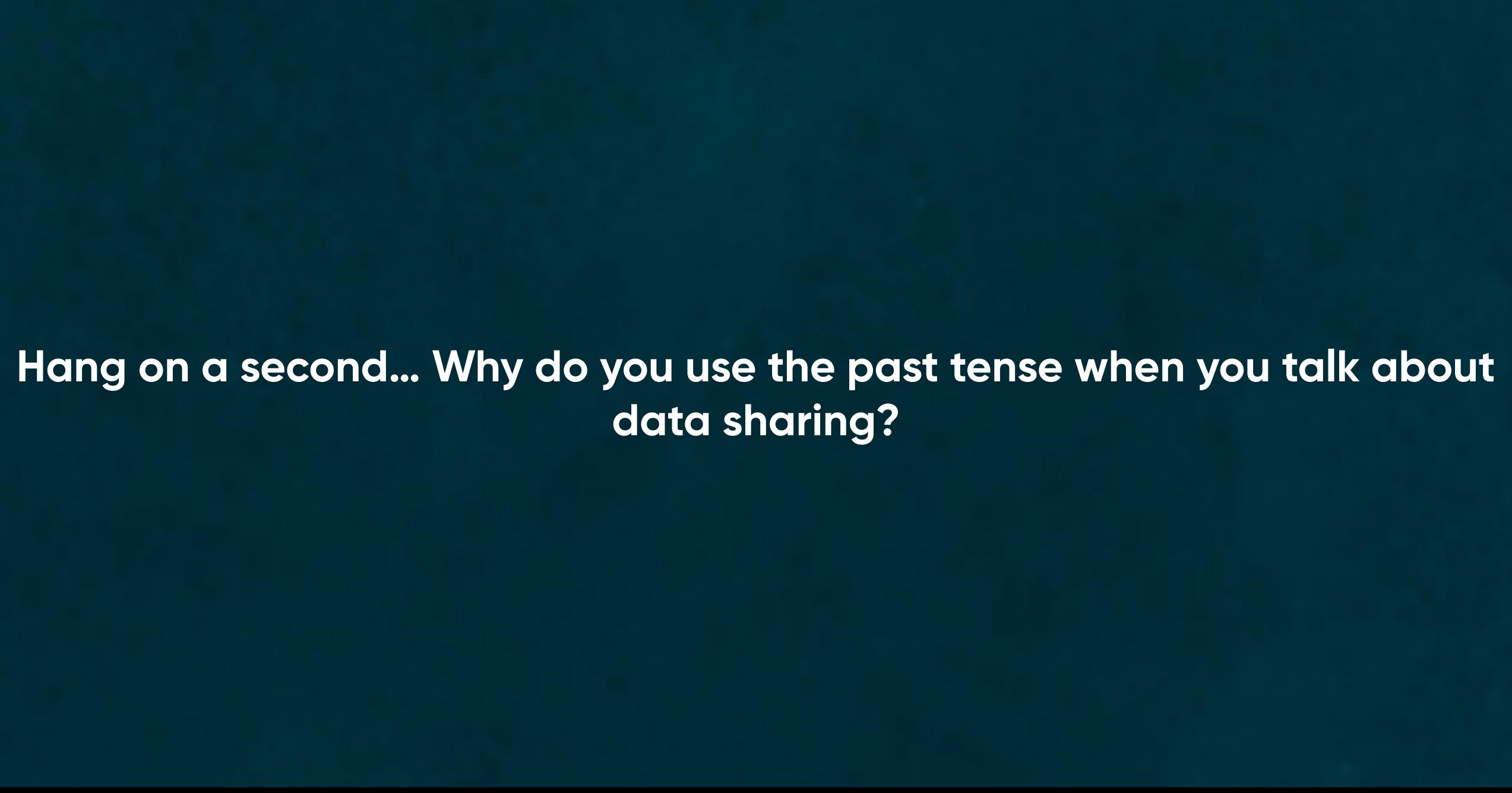


In other words it's peak advertising time

In other more words and pictures



Price of a non-pregnant person's data vs price of a pregnant's person data in the US. *Vertesi (2014)*



Both Maya and MIA stopped using the Facebook SDK when we wrote to them about our research, before we published it.



We got this interesting response from AppsFlyer:

Our terms and conditions actually restrict app owners from using our service to collect personal information such as health information.

Conclusion:

- Research works! It's fun, easy to do and companies are listening.
- You should do it too!
- Using Apps is the only way some individuals interact with technologies, we need to take care as a lot more about the privacy and security implications at stake when people use them

Eva Blum-Dumontet Senior Researcher

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Christopher
Weaherhead
Technology Lead

@CJFWeatherhead

Find out more about this and our other projects at https://privacyinternational.org
We can be contacted throughout Congress via DECT, our number is 7748 (PRIV)